



STRETCH YOUR

FOOD DOLLARS

Get more fruits & vegetables when you use your SNAP EBT CARD at farmers markets

It's easy with
DOUBLE UP FOOD BUCKS!

(See back for details)

It's easy with DOUBLE UP FOOD BUCKS!

1
BRING YOUR
EBT CARD

To the Market Booth at the
Corner of 12th and Iowa

How It
WORKS

2
BUY SNAP-
ELIGIBLE FOODS

at the market with your
EBT Card dollars.



3
WE'LL MATCH WHAT YOU SPEND

with free Double Up Food Bucks – up to \$10, every market day.
Use them right away or later to buy FRESH FRUITS & VEGETABLES grown in Iowa.

YOU SPEND
\$1



WE MATCH
\$1

Visit a participating
FARMERS MARKET
near you.



Dubuque Farmers Market

Opening: Saturday, May 7
Closing: Saturday, October 29
dubuquefarmersmarket.com

Iowa City Farmers Market

Opening: Wednesday, May 4
Closing: Saturday, October 29
www.icgov.org/farmersmarket

Northeast Iowa Winneshiek Farmers Market

Opening: Wednesday, May 4
Closing: Saturday, October 29
facebook.com/winneshiekmfarmersmarket

Perry Farmers Market (Dallas County)

Opening: Saturday, June 4
Closing: Saturday, October 29
facebook.com/Perry-Iowa-49950289565

LSI Global Greens Farmers Market (Des Moines)

Opening: Saturday, May 21
Closing: Saturday, October 8
lsiowa.org/index.php/services/refugee/programs/global-greens

Spencer's Riverfront Farmers Market

Opening: Saturday, June 4
Closing: Saturday, October 8
riverfrontfarmersmarket.com



IOWA STATE UNIVERSITY
Extension and Outreach

DOUBLE UP FOOD BUCKS runs from July 1 - October 31, 2016

Have questions?

visit www.DoubleUpFoodBucks.org



healthiest
—state—
initiative



In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discrimination on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, 1400 Independence Avenue, SW, Washington, DC 20250-9410 or call, toll free (866) 632-9992 (voice). TDD users can contact USDA through local relay or the Federal Relay at (800) 877-8339 (TDD) or (866) 377-8642 (relay voice users). USDA is an equal opportunity provider and employer.

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